

Hellogoodly.ca info@hellogoodly.ca 604.256.4663





**WELCOME TO GOODLY.™** We make incredibly great-tasting, wholesome food using surplus produce that would have otherwise gone to waste. Those slightly imperfect tomatoes, excess squash, oversupply of potatoes, beets and other hearty vegetables make excellent soups, stews and irresistibly nourishing meals. Try us and enjoy the beauty of Good Food!

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## **NUTRITION FACTS** VALEUR DUTRITIVE

Per 1 cup (250 mL) pour 1 tasse (250 mL)

Calories 70 % valet	% Daily Value* ur quotidienne*
Fat / Lipides 1 g	1%
Saturated / saturés 0.3 g	
+ Trans / trans 0 g	2%
Carbohydrate / Glucides 10 g	
Fibre / Fibres 2 g	7%
Sugars / Sucres 2 g	2%
Protein / Protéines 5 g	
Cholesterol / Cholestérol 10 m	ng
Sodium 520 mg	23%
Potassium 150 mg	3%
Calcium 30 mg	2%
Iron / Fer 0.75 mg	4%
* 5% or less is a little 15% or more is a	Int

- 5% or less is a little, 15% or more is a lot
- \* 5% ou moins c'est peu, 15% ou plus c'est beaucoup.



## PRODUCT INFORMATION

Size: 4 Litre Poly Sous Vide Bags 12" x 18" Case: 5 bags / case = 20 litres 15" x 10" x 10"

**Lovingly Made, Locally Produced** 

Made in Vancouver, BC

Our delicious Chicken Orzo Soup was developed by celebrated Vancouver Chef, Karen Barnaby.

Goodly Foods philosophy is to use as close to 100% of the ingredients we receive as possible and this soup is partially made from perfectly wholesome and edible kale, celery, and carrot trimmings.

They are teamed up with tender chicken and orzo to create a comforting and full bodied soup. Celery and onions add balance and the orzo is tender and smooth. This soup is a bowl of comfort.

Keep refrigerated. Use within the best before date or freeze. Heat to 74°C to serve.

## SOCIAL & ENVIRONMENTAL IMPACT WITH EVERY 1,000 LITRES OF SOUP MADE



22.39% **Cubed Chicken** 

> 22.39% Carrots

22.39% Onions

14.93% Orzo

11.94% Celery

5.97% Chopped Kale

Up to 101 kg of produce repurposed with 44 kg of C02 emissions averted



A portion of every batch made is donated to local food charities



Goodly provides over 80 hours of supported, living wage employment



In addition to making exceptional food, Goodly™ is a unique social enterprise right down to its core. We employ and pay a living wage to our workers who have barriers to traditional employment. On top of learning valuable and marketable skills and being able to support themselves and their families, they make food they are extremely proud to serve.