



OkanaganRAWSOME

Living Whole Foods

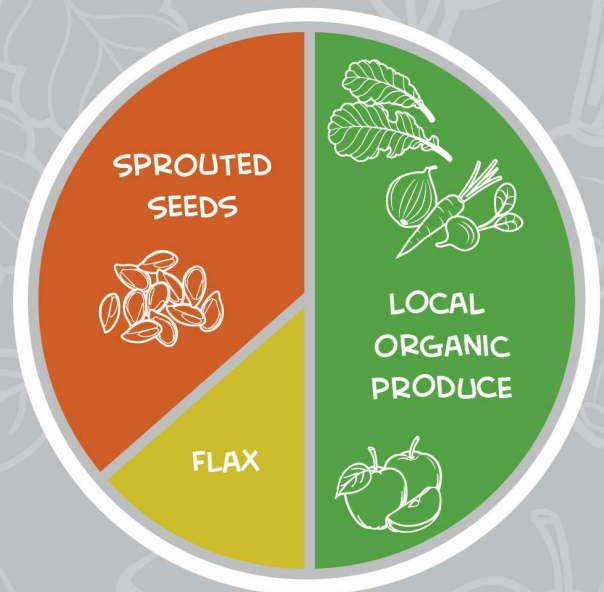


Okanagan Rawsome is a proud farm to fork business created by Afke Zonderland and her daughter Anna.

Okanagan Rawsome produces nutrient-dense and delicious Crisps! These Crisps are loaded with local produce and the life-force of sprouted seeds. They are gently dehydrated at low temperatures preserving their nutritional integrity.

Not only does a Rawsome Crisp meet a variety of dietary needs, but they also provide convenient, concentrated nutrition. Okanagan Rawsome has found a way to turn local farm food into fast food without compromising on ingredients, taste, or nutritional density!

What's in a Crisp?





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GARDEN CRISPS

Super Greens

Ingredients

*BC apples, *spinach, *kale, *parsley, *flax seeds, *coconut, *dates, *lemon juice, *sprouted pumpkin seeds, *sesame seeds, ginger powder, cinnamon, *sea salt. *denotes organic ingredients.



APPLE CRISPS

Cran-Raisin

Ingredients

*BC apples, *sprouted buckwheat, *dates, *sprouted sunflower seeds, *sprouted pumpkin seeds, *raisins, *sesame seeds, *flax-seeds, *coconut, *cranberries, *cinnamon, *ginger powder, *sea salt. *denotes organic ingredients.



HARVEST CRISPS

Vegan
Cheeze

Ingredients

*local veggies (carrots, zucchini) *ground flax seeds, *sprouted buckwheat, nutritional yeast, *onions, tomato paste, *apple cider vinegar, *garlic powder, *dry mustard, *smoked paprika, *turmeric, *onion powder, *sea salt. *denotes organic ingredi-



APPLE CRISPS

Orange
Sesame

Ingredients

*BC apples, *coconut, *flax seeds, *sesame seeds, *dates, orange concentrate, *lemon juice, cinnamon, ground ginger, *sea salt. *denotes organic ingredients.



CARROT CRISPS

Spicy

Ingredients

*local carrots, *ground flax seeds, *sprouted buckwheat, *zucchini, *sprouted lentils, *chia seeds, *sea salt, cumin, *chilli powder, onion powder, oregano, garlic powder, tumeric. *denotes organic ingredients.



BEEF CRISPS

Onion-Herb

Ingredients

*local veggies (carrots, onions, beets), *ground flax seeds, *sprouted buckwheat, *sprouted sunflower seeds, *sprouted lentils, onion powder, oregano, garlic powder, *sea salt, cumin. *Denotes organic ingredients.



Shelf Life: 6 months | **Unit Weight:** 140 grams | **Box Size:** 3.5"w x 2.75"d x 6"h | **Case Size:** 12 units