



# living tree foods



## Living Tree Foods Food Service

# Plant-Based Ravioli

a ready-to-cook, universally loved vegan option for your menu

premium ingredients like our award-winning cashew cheese and lion's mane mushroom

easy to prepare: ready in 4 minutes and perfect with a simple sauce

the only plant-based 'cheese' ravioli made in Canada!

About LTF: HACCP Certified | founded in 2020 | recently upgraded equipment to increase production capacity | featured at UBC and SFU



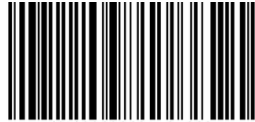
## Vegan Basil 'Ricotta' Ravioli

Ingredients: Pasta (00 Flour, Semolina Flour, Filtered Water, Turmeric), Basil 'Ricotta' (Organic Non-GMO Tofu (Water, Soybeans, Magnesium Chloride, Calcium Sulphate), Cashews, Filtered Water, Fresh Basil, Fresh Lemon Juice, Nutritional Yeast, Himalayan Pink Salt, Extra Virgin Olive Oil, Garlic Powder, Onion Powder, Probiotics)

Contains: Wheat, Tree Nuts, Soy

Suggested Serving Size: 125 g (frozen)

Suggested Pairings: Tomato sauce | Olive Oil, Lemon Juice & Garlic



(01)00628634587669

## Vegan Spinach Garlic 'Ricotta' Ravioli

Ingredients: Pasta (00 Flour, Semolina Flour, Filtered Water, Turmeric), Garlic 'Ricotta' (Organic Non-GMO Tofu (Water, Soybeans, Magnesium Chloride, Calcium Sulphate), Cashews, Filtered Water, Nutritional Yeast, Fresh Garlic, Himalayan Pink Salt, Garlic Powder, Probiotics), Spinach

Contains: Wheat, Tree Nuts, Soy

Suggested Serving Size: 125 g (frozen)

Suggested Pairings: Tomato Sauce | Plant-Based Cream Sauce



(01)00628634587676

## Karmavore: Savoury Beefless Ravioli

Ingredients: Pasta (Italian 00 Flour, Semolina Flour, Filtered Water, Turmeric), Filling (Mushroom Crumble (Lion's Mane, Portobello, Shiitake, Pea Protein, Split Peas, Carrot, Hemp Seeds, Coconut Oil, Sunflower Oil, Smoked Paprika, Sea Salt, Tomato Paste, Spices), Extra Virgin Olive Oil, Nutritional Yeast, Himalayan Pink Salt, Black Pepper, Spices)

Contains: Wheat May Contain: Tree Nuts, Soy

Suggested Serving Size: 125 g (frozen)

Suggested Pairings: Tomato Sauce |  
Rose Sauce | Olive Oil, Herbs & Garlic |  
Plant-Based White Sauce



(01)00628634587218



### **Nutrition Facts** **Valeur nutritive**

Per 125 g frozen  
125 g

<b>Calories 310</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides 6 g</b>	8 %
Saturated / saturés 1.0 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 51 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 12 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 280 mg</b>	12 %
Potassium 125 mg	4 %
Calcium 30 mg	2 %
Iron / Fer 1.25 mg	7 %

\*5% or less is a little 15% or more is a lot

\*5% ou moins c'est peu 15% ou plus c'est beaucoup

### **Nutrition Facts** **Valeur nutritive**

Per 125 g frozen  
125 g

<b>Calories 300</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides 6 g</b>	8 %
Saturated / saturés 1.0 g	5 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 51 g</b>	
Fibre / Fibres 3 g	11 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 12 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 240 mg</b>	10 %
Potassium 125 mg	4 %
Calcium 30 mg	2 %
Iron / Fer 1.25 mg	7 %

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\*5% ou moins c'est peu 15% ou plus c'est beaucoup

### **Nutrition Facts** **Valeur nutritive**

Per 125 g frozen  
125 g

<b>Calories 310</b>	<b>% Daily Value*</b>
<b>% valeur quotidienne*</b>	
<b>Fat / Lipides 7 g</b>	9 %
Saturated / saturés 2.5 g	13 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 51 g</b>	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 1 g	1 %
<b>Protein / Protéines 13 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	0 %
<b>Sodium 210 mg</b>	9 %
Potassium 175 mg	5 %
Calcium 10 mg	1 %
Iron / Fer 1.25 mg	7 %

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Storage/Shelf-Life: 6 month frozen

Pack Size: 2 x 1kg bags

Cooking Instructions: Boil for 4 minutes

Ordering: emily.wilson@livingtreefoods.ca

livingtreefoods.ca | @livingtreefoods

