



ROMA ROMAINE RED LEAF SWEET LEAF FRILL

Grown without
pesticides

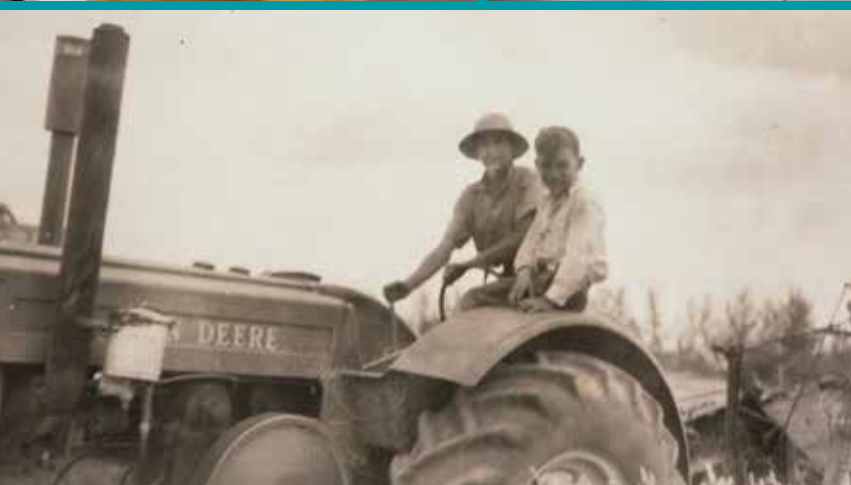
Sustainably
Grown

Less water
used

Non-GMO

**Our family-owned
Okanagan Falls farm grows the
freshest lettuce 365 days a year.**





Our Story

Located in Okanagan Falls, B.C., Avery Family Farms is rooted in a multi-generational family tradition and nourished by fearless innovation. By combining artisanal farming techniques and precision technologies, we are revolutionizing Canada's farm-to-fork food chain, revitalizing rural Canadian communities and growing the freshest lettuce locally, sustainably, ethically and deliciously—365 days a year.

We grow lettuce year round right here in British Columbia, so it reaches consumers at the height of freshness and full of nutrients and flavour.

averyfarms.ca





Roma Romaine

An unusual bouquet shape makes this head lettuce stand out in the produce section. It has deep green colour and crisp, smooth leaves with a classic romaine flavour. Available in 300g head size.

Sweet Leaf

A beautiful bouquet shape makes this head lettuce stand out in the produce section. Vibrant “blonde” leaf color. Sweet and complex flavor with a slight crunch. Perfect for a sandwich, salad or to carry other flavors in more complex dishes. Available in 315g head size.

Red Leaf

With its bouquet shape and rich deep red and green tips, this head lettuce stands out in the produce section. Textured and crunchy leaves with a radishy overtone. Nice addition for any sandwich or salad to add color. Available in 280g head size.

Frill

The mild flavour of this lettuce has just a little bit of a bite. Each leaf is beautifully ruffled for maximum visual appeal in the produce aisle and on the plate. The perfect salad leaf! Available in 300g head size.