

# MABEL BREWING

LOWER SUGAR. GREAT TASTE



PREBIOTIC



NO ARTIFICIAL  
SWEETENERS



NO ARTIFICIAL  
FLAVOURS OR COLOURS



BREWED WITH REAL GINGER



**60**  
calories  
per can

## LIGHT GINGER BEER

4 x 355mL  
13g of sugar

INGREDIENTS: Carbonated filtered water, Organic cane sugar, Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Lime puree, Chicory root inulin, Ascorbic acid (vitamin C), Tartaric acid

SINGLE CAN



4 PACK



**60**  
calories  
per can

## SPICY GINGER BEER

4 x 355mL  
13g of sugar

INGREDIENTS: Carbonated filtered water, Organic cane sugar, Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Lime puree, Chicory root inulin, Capsaisin, Ascorbic acid (vitamin C), Tartaric acid

SINGLE CAN



4 PACK



**60**  
calories  
per can

## BLACKBERRY GINGER BEER

4 x 355mL  
14g of sugar

INGREDIENTS: Carbonated filtered water, Sugars, (Organic cane sugar, Blackberry puree). Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Chicory root inulin, Ascorbic acid (vitamin C), Tartaric acid

SINGLE CAN



4 PACK



KEVIN MCHALLAM | 250.879.0853 | sales@mabelbrewing.ca





#### LIGHT GINGER BEER

### Nutrition Facts Valeur nutritive

Per 1 can (355 mL)  
par 1 pousse (355 mL)

<b>Calories 60</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 0 g	0 %
<b>Carbohydrate / Glucides</b> 16 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines</b> 0 g	
Potassium 10 mg	0 %
Iron / Fer 0.1 mg	1 %
Vitamin C / Vitamine C 1 mg	1 %

Not a significant source of saturated fat, trans fat, cholesterol, sodium, or calcium

Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, et calcium

\*5% or less is **a little**, 15% or more is **a lot**

\*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**



#### SPICY GINGER BEER

### Nutrition Facts Valeur nutritive

Per 1 can (355 mL)  
par 1 pousse (355 mL)

<b>Calories 60</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 0 g	0 %
<b>Carbohydrate / Glucides</b> 16 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 13 g	13 %
<b>Protein / Protéines</b> 0 g	
Potassium 10 mg	0 %
Iron / Fer 0.1 mg	1 %
Vitamin C / Vitamine C 1 mg	1 %

Not a significant source of saturated fat, trans fat, cholesterol, sodium, or calcium

Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, et calcium

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#### BLACKBERRY GINGER BEER

### Nutrition Facts Valeur nutritive

Per 1 can (355 mL)  
par 1 pousse (355 mL)

<b>Calories 60</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides</b> 0 g	0 %
<b>Carbohydrate / Glucides</b> 18 g	
Fibre / Fibres 2 g	7 %
Sugars / Sucres 14 g	14 %
<b>Protein / Protéines</b> 0.2 g	
Potassium 30 mg	1 %
Iron / Fer 0.1 mg	1 %
Vitamin C / Vitamine C 1 mg	1 %

Not a significant source of saturated fat, trans fat, cholesterol, sodium, or calcium

Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, et calcium

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# MABEL BREWING.



Mindfully handcrafted by  
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