

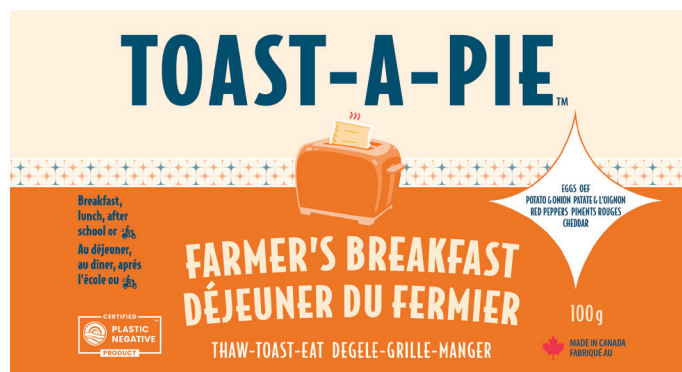
TOAST-A-PIE™

A delicious hand-pie for your toaster!?

The best idea since...?

Breakfast,
lunch, after
school or 

3 DELICIOUS
FLAVOURS



TOAST-A-PIE  's ketchup, salsa, humus, mayo, sour cream, dips and sauces.

MADE IN CANADA 

TOAST-A-PIE™

BREAKFAST SCRAMBLE



Nutrition Facts Valeur nutritive

Per 100 g (100 g)
pour

Calories 290	% Daily Value *
	% valeur quotidienne *
Fat / Lipides 10 g	16 %
Saturated / saturés 5 g	28 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 3 g	12 %
Sugars / Sucres 2 g	3 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 45 mg	
Sodium 180 mg	8 %
Potassium 225 mg	6 %
Calcium 30 mg	3 %
Iron / Fer 1.25 mg	9 %

*5% or less is **a little**, 15% or more is **a lot** / *5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS: Eggs, Egg Whites (triethyl citrate) Potato, Tapioca starch, Water, Whipping cream (cream, **milk**, carrageenan), Chickpea flour, Milk, Brown rice flour, Palm fruit oil, Cheddar Cheese (**milk**, modified **milk** ingredients, cream, salt, bacterial culture, calcium chloride, annatto, microbial enzyme, cellulose), Red pepper, Sorghum flour, Corn starch, Salt, Onion, Xanthan gum, Baking powder, Black pepper, fruit juice.

FARMER'S BREAKFAST



Nutrition Facts Valeur nutritive

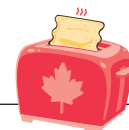
Per 100 g (100 g)
pour

Calories 290	% Daily Value *
	% valeur quotidienne *
Fat / Lipides 10 g	16 %
Saturated / saturés 5 g	28 %
+ Trans / trans 0.1 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 3 g	12 %
Sugars / Sucres 2 g	3 %
Protein / Protéines 7 g	
Cholesterol / Cholestérol 45 mg	
Sodium 180 mg	8 %
Potassium 225 mg	6 %
Calcium 30 mg	3 %
Iron / Fer 1.25 mg	9 %

*5% or less is **a little**, 15% or more is **a lot** / *5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS: Tapioca starch, Water, Eggs, Egg Whites (triethyl citrate), Potato, Chickpea flour, Whipping cream (cream, milk, carrageenan), Brown rice flour, **Milk**, Palm fruit oil, Cheddar Cheese (**Milk**, modified **milk** ingredients, cream, salt, bacterial culture, calcium chloride, annatto, microbial enzyme, cellulose), Sorghum flour, Red pepper, Salt, Corn starch, Xanthan gum, Onion, Garlic powder, Baking powder, Black pepper, fruit juice, Thyme.

MEXICALI BREAKFAST



Nutrition Facts Valeur nutritive

Per 100 g (100 g)
pour

Calories 320	% Daily Value *
	% valeur quotidienne *
Fat / Lipides 12 g	18 %
Saturated / saturés 6 g	30 %
+ Trans / trans 0 g	
Carbohydrate / Glucides 40 g	
Fibre / Fibres 4 g	16 %
Sugars / Sucres 2 g	5 %
Protein / Protéines 9 g	
Cholesterol / Cholestérol 59 mg	
Sodium 345 mg	14 %
Potassium 250 mg	7 %
Calcium 50 mg	5 %
Iron / Fer 1.75 mg	13 %

*5% or less is **a little**, 15% or more is **a lot** / *5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

INGREDIENTS: Tapioca starch, Water, **Milk**, Eggs, Egg Whites (triethyl citrate), Cheese (pasteurized **milk**, modified milk ingredients, bacterial culture, salt, calcium chloride, microbial enzyme), Chickpea flour, Brown rice flour, Palm fruit oil, Whipping cream (cream, milk, carrageenan), Red pepper, sundried tomatoes (sundried tomatoes, sunflower oil, natural spices, **wine vinegar**, salt, citric acid), Sorghum flour, Onion, Salt, Cilantro, Garlic powder, Xanthan gum, Corn starch, Jalapeno peppers, Chili peppers, Baking powder, Paprika, fruit juice, Black pepper.

