



Product identifications	
Product:	Finnish Loaf
UPC code:	775768540555
SSC code:	10 775768540552
LOT coding:	Best Before Date MMDD (eg: FE21)
Servings:	7/loaf
Country of origin:	Canada
Features:	Naturally sweetened, locally made in BC.
Description: A high-fibre loaf made with cracked wheat, rye meal, whole wheat, and rye flour.	

Ingredients	
INGREDIENTS: Whole wheat flour, Water, Dark rye flour, Pumpnickel rye meal, Cracked wheat, Sugars (molasses, honey), Expeller pressed canola oil, Yeast, White vinegar, Sea salt, Cultured wheat flour, Vital wheat gluten, Citric acid, Enzymes.	
Contains: Wheat, Rye	
INGRÉDIENTS: Farine de blé entier, Eau, Farine de seigle foncée, Farine de seigle Pumpnickel, Blé concassé, Sucres (mélasse, miel), Huile de canola extraite par pression, Levure, Vinaigre blanc, Sel de mer, Farine intégrale, Gluten de blé vital, Acide citrique, Enzymes.	
Contient: Blé, Seigle	

Shipping		Shelf life & Usage	
Shipping conditions:	Dry, ambient temp	Shelf life:	90 days (Frozen) 7 days (Thawed)
Case dimensions (in):	12 × 18 × 8	Storage:	FROZEN: -10°F or lower in original packaging. FRESH: 58°F to 68°F, max humidity 65% COOLER: Do not store in cooler.
Net weight (kg/cs):	6.4		
Gross weight (kg/cs):	6.9		
Ti x Hi:	8 × 5	Prep:	FROZEN: Thaw and sell. FRESH: Ready to sell.

Nutrition Facts	
Valeur nutritive	
Per 2 slices (108g) / pour 2 tranches (108g)	
	% Daily Value*
Calories 388	% valeur quotidienne*
Fat / Lipides 4 g	5%
Saturated / saturés 0.2 g	1%
+ Trans / trans 0 g	
Carbohydrate / Glucides 78.6 g	
Fibre / Fibres 10.8 g	39%
Sugar / Sucres 2.4 g	2%
Protein / Protéines 6.8 g	
Cholesterol / Cholestérol 0 mg	
Sodium 316 mg	14%
Potassium 190 mg	4%
Calcium 64 mg	5%
Iron / Fer 6 mg	33%
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Physical properties	
Per loaf	
Weight (g):	800
Height (in):	4 6/8
Length (in):	8 3/8
Width (in):	4 6/8
Per slice	
Height (in):	4
Width (in):	4
Thickness (in):	1/2
Description: Whole-wheat and rye loaf with 14-16 half-inch thin slices, with cracked wheat grains.	

Manufacturer claims			
Bilingual	N	Vegan	N
Kosher	N	Organic	N
Gluten-free	N	Non-GMO	N

Approved by ML

Updated on
30-Mar-2022

Allergen table													
	Eggs	Milk	Wheat	Oat	Barley	Rye	Triticale	Soy	Mustard	Tree nuts	Peanuts	Sesame	Sulphites
Present in the product	N	N	Y	N	N	Y	N	N	N	N	N	N	N
Present in the facility	Y	Y	Y	Y	Y	Y	N	Y	N	Y	Y	Y	Y