



Product identifications	
Product:	Sourdough Light Rye Bread
UPC code:	775768540708
SSC code:	10 775768540705
LOT coding:	Best Before Date MMDD (eg: FE21)
Servings:	7/loaf
Country of origin:	Canada
Features:	Naturally sweetened, locally made in BC.
Description: A tangy loaf made with a blend of unbleached white and rye flour, and our signature sourdough starter. Vegan friendly.	

Ingredients
INGREDIENTS: Unbleached wheat flour, Water, Dark rye flour, Yeast, Expeller pressed canola oil, Sea salt, Cultured wheat flour.
Contains: Wheat, Rye
INGRÉDIENTS: Farine de blé non-blanchie, Eau, Farine de seigle foncée, Levure, Huile de canola extraite par pression, Sel de mer, Farine intégrale
Contient: Blé, Seigle

Shipping		Shelf life & Usage
Shipping conditions:	Dry, ambient temp	Shelf life: 90 days (Frozen) 7 days (Thawed)
Case dimensions (in):	12 × 18 × 8	Storage: FROZEN: -10°F or lower in original packaging. FRESH: 58°F to 68°F, max humidity 65% COOLER: Do not store in cooler.
Net weight (kg/cs):	5.2	
Gross weight (kg/cs):	5.7	
Ti x Hi:	8 × 5	Prep: FROZEN: Thaw and sell. FRESH: Ready to sell.

Nutrition Facts	
Valeur nutritive	
Per 2 slices (79g) / pour 2 tranches (79g)	
Calories 225	% Daily Value*
Fat / Lipides 1.4 g	2%
Saturated / saturés 0.2 g	1%
+ Trans / trans 0 g	
Carbohydrate / Glucides 46.2 g	
Fibre / Fibres 3.9 g	14%
Sugar / Sucres 0.3 g	0%
Protein / Protéines 6.9 g	
Cholesterol / Cholestérol 0 mg	
Sodium 358 mg	16%
Potassium 141 mg	3%
Calcium 15 mg	1%
Iron / Fer 3 mg	17%
*5% or less is a little, 15% or more is a lot	
*5% ou moins c'est peu, 15% ou plus c'est beaucoup	

Physical properties	
Per loaf	
Weight (g):	650
Height (in):	3 7/8
Length (in):	9 7/8
Width (in):	6 2/8
Per slice	
Height (in):	3
Width (in):	5
Thickness (in):	1/2
Description: White loaf with 14-16 half-inch thin slices, with dark rye.	

Manufacturer claims			
Bilingual	N	Vegan	Y
Kosher	N	Organic	N
Gluten-free	N	Non-GMO	N

Approved by ML

Updated on
30-Mar-2022

Allergen table													
	Eggs	Milk	Wheat	Oat	Barley	Rye	Triticale	Soy	Mustard	Tree nuts	Peanuts	Sesame	Sulphites
Present in the product	N	N	Y	N	N	Y	N	N	N	N	N	N	N
Present in the facility	Y	Y	Y	Y	Y	Y	N	Y	N	Y	Y	Y	Y