

LOWER SUGAR, GREAT TASTE







NO ARTIFICIAL FLAVOURS OR COLOURS



BREWED WITH REAL GINGER



60 calories per can

LIGHT GINGER BEER

4 x 355mL 13g of sugar

INGREDIENTS: Carbonated filtered water, Organic cane sugar, Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Lime puree, Chicory root inulin, Ascorbic acid (vitamin C), Tartaric acid



60 calories per can

SPICY GINGER BEER

4 x 355mL 13g of sugar

INGREDIENTS: Carbonated filtered water, Organic cane sugar, Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Lime puree, Chicory root inulin, Capsaisin, Ascorbic acid (vitamin C), Tartaric acid



60 calories per can

BLACKBERRY GINGER BEER

4 x 355mL 14g of sugar

INGREDIENTS: Carbonated filtered water, Sugars, (Organic cane sugar, Blackberry puree). Brewed ginger (filtered water, ginger root, bacterial culture), Apple cider vinegar, Chicory root inulin, Ascorbic acid (vitamin C), Tartaric acid

SINGLE CAN



4 PACK



SINGLE CAN



4 PACK



SINGLE CAN



4 PACK







LIGHT GINGER BEER

Nutrition Facts Valeur nutritive

Per 1 can (355 mL) par 1 pouvez (355 mL)

	par 1 pouvez (355 mL)			
	Calories 60	% Daily Value* % valeur quotidienne*		
ı	Fat / Lipides 0 g		0	%
	Carbohydrate / GI Fibre / Fibres 2 g Sugars / Sucres 13		7 13	%
	Protein / Protéines 0 g			
l	Potassium 10 mg		0	%
l	Iron / Fer 0.1 mg		1	%
ı	Vitamin C / Vitamine 0	C 1 mg	1	%

Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, et calcium

*5% or less is **a little**. 15% or more is **a lot**

Not a significant source of saturated fat, trans fat,

cholesterol, sodium, or calcium

*5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**



SPICY GINGER BEER Nutrition Facts Valeur nutritive Per 1 can (355 mL) par 1 pouvez (355 mL) % Daily Value Calories 60 % valeur quotidienne* Fat / Lipides 0 g 0 % Carbohydrate / Glucides 16 g Fibre / Fibres 2 g 7 % Sugars / Sucres 13 g 13 % Protein / Protéines 0 g 0 % Potassium 10 mg Iron / Fer 0.1 mg 1 % 1 % Vitamin C / Vitamine C 1 mg Not a significant source of saturated fat, trans fat, cholesterol, sodium, or calcium Source négligeable de lipides saturés, lipides trans,

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BLACKBERRY GINGER BEER Nutrition Facts Valeur nutritive Per 1 can (355 mL) par 1 pouvez (355 mL) % Daily Value* **Calories 60** % valeur quotidienne* Fat / Lipides 0 g 0 % Carbohydrate / Glucides 18 g Fibre / Fibres 2 g 7 % Sugars / Sucres 14 g 14 % Protein / Protéines 0.2 g Potassium 30 mg 1 % Iron / Fer 0.1 mg 1 % Vitamin C / Vitamine C 1 mg 1 % Not a significant source of saturated fat, trans fat, cholesterol, sodium, or calcium Source négligeable de lipides saturés, lipides trans, cholestérol, sodium, et calcium *5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup

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Mindfully handcrafted by Mabel Brewing Company Ltd. 6-2045 Trans Canada Hwy Kamloops BC V1S 1A7